



## Infant Winter Schedule

7:30 a.m.	<i>Good morning! Drop Off Time</i>
8:00-8:45a.m.	<i>Morning Snack</i>
8:45-9:00a.m.	<i>Tidy up</i>
9:00-10:15 a.m.	<i>Room activities/Free play/Creative arts</i>
10:15 a.m.	<i>Diaper routine</i>
10:30 a.m.	<i>Physical activities/Neighbourhood Walk/Kid's Corner (*Inclement weather)</i>
11:15 a.m.	<i>Prepare for lunch</i>
11:30-12:15 a.m.	<i>Lunch time/Free play/ Diaper routine</i>
12:30 p.m.	<i>Nap time</i>
3:00 p.m.	<i>Wake up/Diaper Routine/Free play</i>
3:30 p.m.	<i>Afternoon Snack</i>
4:00 p.m.	<i>Physical activities/Neighbourhood walk/ Kid's Corner (*Inclement weather)</i>
5:15 p.m.	<i>Diaper routine</i>
5:30 p.m.	<i>Room activities/Prepare going home</i>
6:00 p.m.	<i>Goodbye! Home time!</i>

\*Program schedule balance between structure and flexibility. We adjust schedule according to infants' needs.